Goal Accelerator Workshop

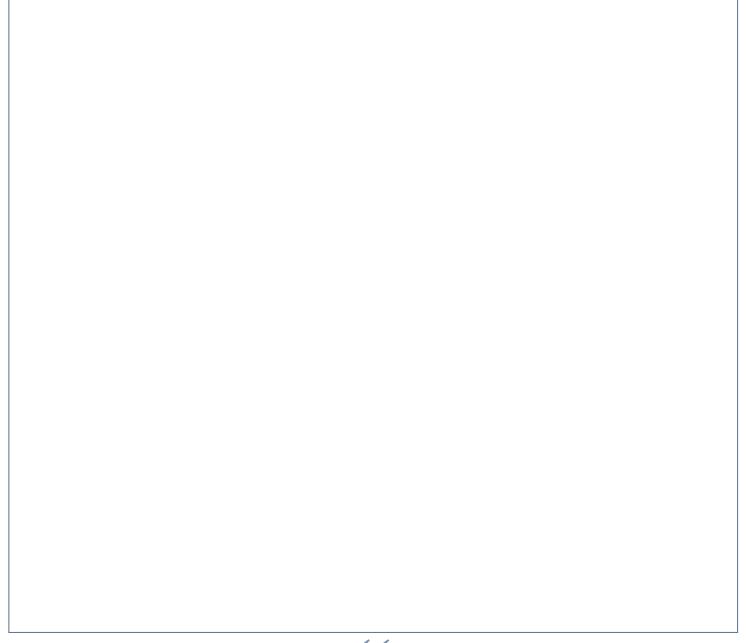
Nockpook

4 STEPS TO ACHIEVE ANY GOAL



Deidrea Kiesling
THE DEAM ACADEMY

MYINTENTION



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Without a new direction, our minds will continue to create exactly what we've always created.

Mary Morrissey

LIFE ASSESSMENT Health & Well-Being

					_
					_
Health & Well-Being	1	2	3	4	5
i lealth i & Well-Delling			3	4	5

LIFE ASSESSMENT Love & Relationships

					_
Love & Relationships	1	2	3	4	5

LIFE ASSESSMENT Vocation

Vocation	1	2	3	4	5

LIFE ASSESSMENT Time & Money Freedom

_					
					_
Time & Money Freedom	1	2	3	4	5

LIFE ASSESSMENT Full Spectrum Success

Health & Well-Being	1	2	3	4	5
Notes:					
Relationships	1	2	3	4	5
Notes:					
Vocation	1	2	3	4	5
Notes:					
Time & Money Freedom	1	2	3	4	5
Notes:					

JOURNAL ON THE FOUR QUADRANTS

HOW LONG HAVE YOU BEEN FEELING THIS LONGING & DISCONTENT?
WHAT IS IT COSTING YOU?

MY VISION Health & Well-Being

I am so happy and grateful now that

MY VISION Love & Relationships

l am so happy and grateful now that

MY VISION Vocation

l am so happy and grateful now that

MY VISION Time & Money Freedom

I am so happy and grateful now that

STEP 1: DECIDE

The state of the s	
Decide For Your Vision	Decide WHY this matters to You
Decide that this is YOUR Dream and not	Decide Without knowing HOW
someone else's	

STEP 2: MAKE 100% COMMITTMENT



DATE:

I am 100% committed to honor my decisions for my vision of the life and business that I would love.

This matters to me because:

SIGN YOUR NAME

100% Committment is EASY
99% or less Committment is
HARD
Jim Fortin

STEP 3: MAKE A PLAN



My Goal:

My Domain Focus	Why I Choose This
My 90 Day Goal	I will know I've achieved this.

PAGE15 | THE DREAM ACADEMY

STEP 3: MAKE A PLAN



Plan Your Actions	Plan Your Beliefs
Plan for Results	Plan for Support & Accountability
Plan for Results	Plan for Support & Accountability
Plan for Results	Plan for Support & Accountability
Plan for Results	Plan for Support & Accountability
Plan for Results	Plan for Support & Accountability
Plan for Results	Plan for Support & Accountability

PAGE 16 | THE DREAM ACADEMY

STEP 3: MAKE A PLAN

Plan Your Habit to STOP	Plan Your Habit to START
What else do I need to plan for?	What do I need to say NO to?
What else do I need to plan for?	What do I need to say NO to?
What else do I need to plan for?	What do I need to say NO to?
What else do I need to plan for?	What do I need to say NO to?
What else do I need to plan for?	What do I need to say NO to?
What else do I need to plan for?	What do I need to say NO to?
What else do I need to plan for?	What do I need to say NO to?
What else do I need to plan for?	What do I need to say NO to?

STEP 3: PLAN FOR OBSTACLES

OBSTACLES (What might get in my way?	STRATEGIES (What will I do to prepare for this?

STEP 4: TAKE MASSIVE ACTION



What are My Commit to 3 Actions in **Alignment** with my Vision & Goal?

Each Day Which Days?	How will I know I have done it?

We are either Winning or Learning Ask yourself these 3 Questions: What worked? What didn't work? What can I do differently?

BOOK YOUR VISION TO ACTION STRATEGY CALL

SPACE IS LIMITED TO REGISTER NOW \$297 VALUE FREE FOR YOU TODAY







► My Socials

What to Expect

We'll Start with You

We'll take a deep dive look at where you are right now, what's working (and what's not) and what you would truly love in your life and business.



Identifying Roadblocks

You'll get clarity on the hidden patterns, beliefs or habits that have been slowing you down or keeping you stuck.



You'll Leave with Plan

You'll walk away with fresh insight, renewed inspiration and decide your next power moves to make 2025 your best year yet and set yourself up for Success in 2026.